

Let's see what's for lunch...

Monday

Main Meals

Beef Ragu Enchilada topped with a Rich Tomato & Mozzarella Sauce with Hand Cut Potato Wedges

Roasted Sweet Potato & Spinach Cannelloni topped with Creamy Cheddar Sauce ✓

Jacket Potato with Baked Beans, Tuna Mayonnaise or Grated Cheese

Vegetables

Carrots & Garden Peas ✓

Dessert

Spiced Apple & Honey Oaty Crumble with Custard ✓

Homemade Mousse ✓

Tuesday

Main Meals

Slow Cooked Beef Masala Curry with Turmeric Infused Rice

Courgette Layered Lasagne with a Garlic Bread Shard ✓

Pasta with Cheese Sauce ✓

Vegetables

Green Beans & Sweetcorn ✓

Dessert

Jam Sponge with Custard ✓

Strawberry Jelly ✓

Wednesday

Main Meals

Lemon & Thyme Roasted Chicken & Stuffing with Roast Potatoes

Roasted Cherry Tomato, Egg & Broccoli Tart with Roast Potatoes ✓

Wholemeal Pasta with Beef Bolognese Sauce

Vegetables

Roasted Seasonal Root Vegetables & Savoy Cabbage ✓

Dessert

Chocolate & Pear Sponge with Chocolate Custard ✓

Homemade Mousse ✓

Thursday

Main Meals

British Cumberland Sausages with Mashed Potato, Sage & Red Onion Gravy in a Yorkshire Pudding

🌱 Butterbean & Mushroom Stroganoff with Pearl Barley Rice ✓

Jacket Potato with Baked Beans or Grated Cheese ✓

Vegetables

BBQ Smoky Beans & Carrots ✓

Dessert

Cinnamon & Apple Shortcrust Pastry Pie with Vanilla Ice Cream ✓

Strawberry Jelly ✓

Friday

Main Meals

Fish Fingers & Chips with Tartar Sauce

Cheddar & Onion Swirl with Chips ✓

Pasta with Tomato & Basil Sauce & Grated Cheese ✓

Vegetables

Baked Beans & Garden Peas ✓

Dessert

Vanilla Shortbread Biscuit ✓

Homemade Mousse ✓

Available Every Day

Salad Bar

🌱 Mexican Mixed Bean & Pasta Salad ✓

Traditional Potato Salad ✓

Asian Noodle Coleslaw ✓

🌱 Sweet Chilli Watermelon & Mint Salad ✓

Grated Carrot, Cucumber Sticks, Sweetcorn, Mixed Leaf & Tomato Salad ✓

Freshly Baked Bread

🌱 Pumpkin & Carrot ✓

Wholemeal ✓

Dessert

Fresh Fruit Platter ✓

Homemade Yoghurt ✓

Week 1: 29 Oct, 19 Nov, 10 Dec, 31 Dec, 21 Jan, 11 Feb, 4 Mar, 25 Mar

Monday

Main Meals

Texas BBQ Chicken Pizza with Hand Cut Potato Wedges

Tomato & Mozzarella Pizza with Hand Cut Potato Wedges ✓

Jacket Potato with Baked Beans, Grated Cheese, Tuna or Salmon Mayonnaise

Vegetables

Boston Baked Beans & Sweetcorn ✓

Dessert

Caramelised Apple & Plum Crumble with Custard ✓

Homemade Mousse ✓

Tuesday

Main Meals

Mild Chilli Beef Taco & Minted Yoghurt with Chunky Tomato Salsa Salad

Chargrilled Fajitas with Mexican Rice ✓

Pasta with Beef Bolognese Sauce

Vegetables

Green Beans & Kachumber Salad ✓

Dessert

Carrot Cake with Custard ✓

Strawberry Jelly ✓

Wednesday

Main Meals

Honey Roast Glazed Gammon & Sweet Pineapple Salsa with Roast Potatoes

🌱 Five Bean & Barley Cassoulet with Fresh Herb Dumplings ✓

Wholemeal Pasta with Tomato & Basil Sauce & Grated Cheese ✓

Vegetables

Roasted Seasonal Root Vegetables & Garden Peas ✓

Dessert

Marbled Chocolate Sponge with Chocolate Custard ✓

Homemade Mousse ✓

Thursday

Main Meals

Farm Assured Beef Lasagne with a Garlic Bread Shard

Mild Chilli Taco & Minted Yoghurt with Chunky Tomato Salsa Salad ✓

Jacket Potato with Baked Beans or Grated Cheese ✓

Vegetables

Carrots & Broccoli ✓

Dessert

Red Cherry & Apple Shortcrust Pastry Pie with Vanilla Ice Cream ✓

Strawberry Jelly ✓

Friday

Main Meals

Battered Cod & Chips with Tartar Sauce

Free Range Egg, Cheese & Vegetable Frittata with Chips ✓

Pasta with Cheese Sauce ✓

Vegetables

Baked Beans & Garden Peas ✓

Dessert

Chocolate & Beetroot Brownie ✓

Homemade Mousse ✓

Available Every Day

Salad Bar

🌱 Mediterranean Orzo Pasta & Barley Salad ✓

Crunchy Apple & Potato Salad ✓

Red Cabbage & Pineapple Slaw ✓

🌱 Spinach, Basil & Tomato Quinoa Salad ✓

Grated Carrot, Cucumber Sticks, Sweetcorn, Mixed Leaf & Tomato Salad ✓

Freshly Baked Bread

🌱 Cheesy Oat, Courgette & Thyme ✓

Wholemeal ✓

Dessert

Fresh Fruit Platter ✓

Homemade Yoghurt ✓

Week 2: 5 Nov, 26 Nov, 17 Dec, 7 Jan, 28 Jan, 18 Feb, 11 Mar, 1 Apr

Monday

Main Meals

Traditional Beef Bolognese Sauce with Three Herbed Spaghetti

Red Lentil & Cheese Loaf with a Rich Tomato Sauce & Hand Cut Potato Wedges ✓

Jacket Potato with Baked Beans, Tuna Mayonnaise or Grated Cheese

Vegetables

Broccoli & Carrots ✓

Dessert

Poached Pear & Apple Crumble with Custard ✓

Strawberry Jelly ✓

Tuesday

Main Meals

Chargrilled Chicken Fajitas with Mexican Rice

Linda McCartney Sausages with Mashed Potato & Caramelised Red Onion Gravy in a Yorkshire Pudding ✓

Pasta with Tomato & Basil Sauce & Grated Cheese ✓

Vegetables

Mixed Peas & Sweetcorn ✓

Dessert

Sticky Toffee Pudding with Custard ✓

Homemade Mousse ✓

Wednesday

Main Meals

Roast Turkey, Stuffing & Bread Sauce with Roast Potatoes

Rosemary, Feta & Pepper Quiche with Roast Potatoes ✓

Wholemeal Pasta with Cheese Sauce ✓

Vegetables

Roasted Seasonal Root Vegetables & Curly Kale ✓

Dessert

Warm Waffle with Chocolate Custard ✓

Strawberry Jelly ✓

Thursday

Main Meals

Classic Homemade British Beef Burger in a Bun with Hand Cut Potato Wedges

Vegetarian Burger in a Bun with Hand Cut Potato Wedges ✓

Jacket Potato with Baked Beans or Grated Cheese ✓

Vegetables

Carrots, Cauliflower & Green Beans ✓

Dessert

Apple & Blackcurrant Shortcrust Pastry Pie with Vanilla Ice Cream ✓

Homemade Mousse ✓

Friday

Main Meals

Fish Fingers & Chips with Tartar Sauce

🌱 BBQ Pulled Carrot & Bean Slider with Mozzarella Cheese ✓

Pasta with Beef Bolognese Sauce

Vegetables

Baked Beans & Garden Peas ✓

Dessert

Baked Banana Flapjack ✓

Strawberry Jelly ✓

Available Every Day

Salad Bar

Tomato & Basil Pasta Salad ✓

🌱 Sweet Potato & Chickpea Pesto Salad ✓

Traditional Coleslaw ✓

🌱 Giant Cous Cous with Feta Cheese & Mint ✓

Grated Carrot, Cucumber Sticks, Sweetcorn, Mixed Leaf & Tomato Salad ✓

Freshly Baked Bread

🌱 Sunflower, Rosemary & Tomato ✓

Wholemeal ✓

Dessert

Fresh Fruit Platter ✓

Homemade Yoghurt ✓

Week 3: 12 Nov, 3 Dec, 24 Dec, 14 Jan, 4 Feb, 25 Feb, 18 Mar